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There are some etiquettes and sunnah of drinking water in Islam, which Islam has made clear in the books of Ahadith. These are some of the sunnah of drinking water: Drinking water while sitting has more benefits as compared to drinking while standing up. This is one of the major sunnah of drinking water as taught by Prophet Muhammad PBUH. Drinking anything calmly with body your body to absorb the water as you take three breaths calmly while drinking. It is stated in the number of Ahadiths and has been taught to us by our beloved prophet Muhammad SAW. He is the best of Allah's creation. This article helped me to know how to follow the ways of our beloved prophet Muhammad SAW when it comes to drinking water. Subhanallah this is so beautiful. " - more Share your story Inspirational/ruhanat/ruhani/ruhani

Sahih Bukhari, Hadith 5596: To eat with the fingers (thumb, index and middle fingers). (Sahih Muslim, Hadith. 5240 and Mizan ul Zawaid) To take the name of Allah before eating. (Sahih Bukhary, Hadith. 5376) To eat from the closest part of the plate. (Sahih Muslim, Hadith. 5299)