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It's astonishing how many of us Christians are living with gaping wounds in our souls, ignoring the pain and the damage they cause. We wouldn't dare walk around with a physical wound like that, but we seem to think it's okay to suffer silently on the inside. That's not what Jesus had in mind for us - He paid the price for our complete healing, body, soul, and spirit. The Bible says, "He was wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him; and with his stripes we are healed." (Isaiah 53:5 KJV) Jesus bore all our pain, including the inner wounds that we try to hide. He wants us to live an abundant life, not just a mediocre one. The truth is, soul wounds are the result of sin and trauma. We're born into a fallen world, and even with the best upbringing, painful events can still occur. When we sin or when others sin against us, it opens doors for the enemy to wound and afflict us. If left unattended, these wounds fester, becoming breeding grounds for spiritual harm. It's only through the love, power, and healing of Jesus that we can truly be healed. Jesus didn't want us to just 'tough it out' or ignore our pain. He wants us to live life to the fullest, free from torment and oppression. As He said, "The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows)." (John 10:10 AMPC) Let's not let the enemy's plan for our lives be one of suffering and silence. Let's choose healing and abundant living instead. Jesus wants us to experience abundant life, but it's not just about ignoring our problems or pretending everything is okay. True freedom comes at a great cost - God's own blood - and it's offered to us through Jesus' redemption. He loves us deeply, not just in the future when we get to heaven, but right now, exactly as we are. The Bible says that Jesus heals the brokenhearted and binds up their wounds (Psalm 147:3). So let's bring our hurts and issues to Him, trusting that under His care, He'll love us into holiness and freedom. As the Lover of Our Soul, Jesus knows every part of our heart and loves us unconditionally. Let's pray together: "Lord Jesus, please heal all the wounds in my soul. I believe You can wash me clean from any sin that hurt me, both known and unknown. Heal me from every trauma I've faced, and wipe out any generational pain and issues in my family line. I trust that You're the Lover of My Soul, and will give me breakthrough in every area where I need healing." Jesus' love is full of glory and light, which we'll explore more next time.

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