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All Pokmon creatures and their moves are assigned certain types. Each type have several strengths and weaknesses in both attack and defense. In battle, you should use Pokmon and moves that have a type advantage over your opponent; doing so will cause much more damage than normal. A single-type advantage (for instance a Water attack against a Ground-type Pokmon) will net you double normal damage. The advantages also stack up, so a double-type advantage (for instance a Water attack against a Ground/Rock-type Pokmon) will net you quadruple damage. In both these cases you will see the message "super effective" in-game after the attack. Conversely, a single- and double-type disadvantage will afflict half and a quarter normal damage respectively. Here you will see the message "It's not very effective...". In-game, another advantage you can gain is Same Type Attack Bonus (STAB). As the name implies, this increases the power of the move if the attacking Pokmon uses the same type as the move used (for example a Fire-type Pokmon using a Fire-type move). In this case the damage is 1.5 times normal. Again this is added to any other advantages, so a Water-type Pokmon using a Water-type move against a Ground/Rock-type Pokmon will bag you six times (221.5 normal damage). The full type chart here displays the strengths and weaknesses of each type. Look down the left hand side for the attacking type, then move across to see how effective it is against each Pokmon type. Note: this chart is for moves from 2013 onwards - Pokmon XY, ORAS, Pokmon GO and Sun/Moon. Type charts for older games have some minor differences - see below. Chart key: 0 no effect (0%) Not very effective (50%) Normal (100%) 2 Super-effective (200%) Doesends you can download the type chart as an image to print out and keep handy as you are playing and battling! Give 5+ type chart image! 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From Type A's goal-driven dynamism to Type B's creative calm, the analytical depth of Type C, and the sensitive realism of Type D, in this blog post, we uncover which type resonates with you and gain insights into managing relationships and career paths with a deeper understanding of these personality frameworks.4 Personality Types ExplainedThe Four Personality Type Theory is a psychological framework that categorizes individuals into four distinct groups based on their predominant behavioral and emotional traits.Rooted in an ancient medical concept, the theory has evolved, intertwining with the theory of the four temperamentsanguine, choleric, melancholic, and phlegmatic temperaments. These temperaments were historically believed to be determined by the balance of bodily fluids: blood, yellow bile, black bile, and phlegm. In a modern interpretation, the theory simplifies the understanding of complex human behaviors by categorizing personalities into four types: A, B, C, and D. Each type represents a cluster of characteristics and tendencies. For example, Type A individuals are often goal-oriented and competitive, while Type B personalities tend to be more relaxed and creative. Type C people are generally detail-oriented and logical, whereas Type D personalities might tend to worry and pessimism.Through simplified, this theory offers valuable insights into personal and interpersonal dynamics. It aids in self-awareness, improving communication, and fostering better relationships.As a foundational concept in personality psychology research, it not only helps in personal development but also finds application in fields like team building and leadership training; the type is generating enthusiasm in different fields. Type A ExplainedType A personality is often seen as the archetype of ambition and competitiveness. Individuals with this personality type are usually goal-oriented and driven, thriving in environments that challenge them to excel. Their perseverant nature helps them not lose interest easily. When people fall into this type, they often approach tasks urgently and are known for their high-achieving nature.Personality types that assess Type A traits typically measure factors like time urgency, competitiveness, and a strong drive for success. At the same time, they can be seen as self-centered and narcissistic. 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